



LITTLE HEAVEN'S ACADEMY

SAMPLE HOMESCHOOL SCHEDULES

Balancing homeschooling with your work schedule can be challenging. So, we've created a couple schedules for working parents to help create a structured daily routine.

Sample Homeschool + Work Schedule (for Pre-K & Kindergarten)

Morning Routine (7:30 AM – 9:00 AM)

- 7:30 AM – 8:00 AM: Breakfast and morning chores
- 8:00 AM – 8:30 AM: Free play or independent activities (could include puzzles, coloring, or reading a book)
- 8:30 AM – 9:00 AM: Circle time (calendar, weather, simple discussion or story)

Homeschool Session 1 (9:00 AM – 11:00 AM)

- 9:00 AM – 9:30 AM: Phonics and Reading activities (interactive games or flashcards)
- 9:30 AM – 10:00 AM: Math (simple counting, shapes, or number games)
- 10:00 AM – 10:30 AM: Craft or sensory activity (arts & crafts, playdough, etc.)
- 10:30 AM – 11:00 AM: Snack break and brief outdoor play (if possible)

Work Block 1 (11:00 AM – 1:00 PM)

- This can be your uninterrupted work time. You could prepare a quiet activity for your children, such as:
 - Educational apps or videos
 - Simple puzzles
 - Drawing or coloring worksheets

Lunch & Break (1:00 PM – 2:00 PM)

- 1:00 PM – 1:30 PM: Lunch



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- **1:30 PM – 2:00 PM: Free time (rest, watch a short educational show, or outdoor play)**

Homeschool Session 2 (2:00 PM – 3:30 PM)

- **2:00 PM – 2:30 PM: Science or nature exploration (simple experiments, nature walks)**
- **2:30 PM – 3:00 PM: Storytime or interactive reading session**
- **3:00 PM – 3:30 PM: Writing or fine motor skills (drawing letters, tracing, or simple writing practice)**

Work Block 2 (3:30 PM – 5:00 PM)

- **Your children can have another quiet time or independent play. You can use this time to focus on any important work tasks.**

Evening Routine (5:00 PM – 7:30 PM)

- **5:00 PM – 6:00 PM: Family time (outdoor play, games, or a fun educational activity)**
- **6:00 PM – 7:00 PM: Dinner and cleanup**
- **7:00 PM – 7:30 PM: Wind-down time (read a book or relax together)**

****This is just a rough timeline, and it might take some time to find a flow that works best for you and your family.****

Sample Evening Schedule (3-6 PM)

If you're homeschooling from 3-6 PM, it's important to make sure both you and your children are well-prepared and that the transition into homeschool time is smooth:

- **3:00 PM - 3:10 PM: Transition to learning (story, stretch, and prepare materials)**
- **3:10 PM - 3:40 PM: Reading/Phonics Activity**
- **3:40 PM - 4:10 PM: Math activity (counting, shapes, or simple addition/subtraction)**



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- **4:10 PM - 4:20 PM: Snack break and light movement (stretch, dance, or short walk)**
 - **4:20 PM - 4:50 PM: Art or Craft Activity (drawing, coloring, simple projects)**
 - **4:50 PM - 5:20 PM: Science or Exploration (nature walk, simple experiments)**
 - **5:20 PM - 5:50 PM: Storytime & Writing Practice (short story and tracing or drawing letters)**
 - **5:50 PM - 6:00 PM: Wind-down and review of the day**
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