

#### SAMPLE HOMESCHOOL SCHEDULES

Balancing homeschooling with your work schedule can be challenging. So, we've created a couple schedules for working parents to help create a structured daily routine.

### Sample Homeschool + Work Schedule (for Pre-K & Kindergarten)

**Morning Routine (7:30 AM - 9:00 AM)** 

- 7:30 AM 8:00 AM: Breakfast and morning chores
- 8:00 AM 8:30 AM: Free play or independent activities (could include puzzles, coloring, or reading a book)
- 8:30 AM 9:00 AM: Circle time (calendar, weather, simple discussion or story)

Homeschool Session 1 (9:00 AM - 11:00 AM)

- 9:00 AM 9:30 AM: Phonics and Reading activities (interactive games or flashcards)
- 9:30 AM 10:00 AM: Math (simple counting, shapes, or number games)
- 10:00 AM 10:30 AM: Craft or sensory activity (arts & crafts, playdough, etc.)
- 10:30 AM 11:00 AM: Snack break and brief outdoor play (if possible)

#### Work Block 1 (11:00 AM - 1:00 PM)

- This can be your uninterrupted work time. You could prepare a quiet activity for your children, such as:
  - Educational apps or videos
  - Simple puzzles
  - Drawing or coloring worksheets

Lunch & Break (1:00 PM - 2:00 PM)

• 1:00 PM - 1:30 PM: Lunch



 1:30 PM - 2:00 PM: Free time (rest, watch a short educational show, or outdoor play)

#### Homeschool Session 2 (2:00 PM - 3:30 PM)

- 2:00 PM 2:30 PM: Science or nature exploration (simple experiments, nature walks)
- 2:30 PM 3:00 PM: Storytime or interactive reading session
- 3:00 PM 3:30 PM: Writing or fine motor skills (drawing letters, tracing, or simple writing practice)

#### Work Block 2 (3:30 PM - 5:00 PM)

• Your children can have another quiet time or independent play. You can use this time to focus on any important work tasks.

#### **Evening Routine (5:00 PM - 7:30 PM)**

- 5:00 PM 6:00 PM: Family time (outdoor play, games, or a fun educational activity)
- 6:00 PM 7:00 PM: Dinner and cleanup
- 7:00 PM 7:30 PM: Wind-down time (read a book or relax together)

\*\*This is just a rough timeline, and it might take some time to find a flow that works best for you and your family.\*\*

### Sample Evening Schedule (3-6 PM)

If you're homeschooling from 3-6 PM, it's important to make sure both you and your children are well-prepared and that the transition into homeschool time is smooth:

- 3:00 PM 3:10 PM: Transition to learning (story, stretch, and prepare materials)
- 3:10 PM 3:40 PM: Reading/Phonics Activity
- 3:40 PM 4:10 PM: Math activity (counting, shapes, or simple addition/subtraction)



- 4:10 PM 4:20 PM: Snack break and light movement (stretch, dance, or short walk)
- 4:20 PM 4:50 PM: Art or Craft Activity (drawing, coloring, simple projects)
- 4:50 PM 5:20 PM: Science or Exploration (nature walk, simple experiments)
- 5:20 PM 5:50 PM: Storytime & Writing Practice (short story and tracing or drawing letters)
- 5:50 PM 6:00 PM: Wind-down and review of the day



# **Curriculum Planning Template**

### Weekly Curriculum Planning Template

Theme:	_		
Week of:	-		
Skills to Target:			
1			
2			
3			
Subjects:-			
Phonics:-			
Math:-			
Science:-			
Fine Motor:-			
Language/Social:			
Weekly Goals:		 	
Notes			



# **Lesson Plan Templates**

Day	Teach	Practice		Apply
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Day	Circle Time	Literacy	Math	Art
	0.1.0.10			122 0
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
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### **Beginner Supply List**

<b>Basic Supplies:-</b>
Pencils
Crayons
Scissors
Glue sticks
Erasers

### **Learning Tools:-**

Alphabet flashcards
Counting cubes or buttons
Dry erase board & markers
Magnetic letters
Playdough

### **Creative Supplies:**

Watercolors

**Construction paper** 

**Safety scissors** 

Pom poms and pipe cleaners



# Homeschool Laws Overview (U.S.)

Welcome to your homeschooling journey! Whether you're homeschooling temporarily or long-term, it's important to understand your legal responsibilities. Here's a general overview of homeschool laws in the United States:

#### Is Homeschooling Legal?

Yes! Homeschooling is legal in all 50 U.S. states. However, each state has its own rules and reporting requirements, so it's important to become familiar with the laws in your state.

#### **Types of State Requirements (Varies by State)**

Requirement Type	Description
Notice of Intent	Some states require parents to notify their local school district.
Teacher Qualification	A few states require parents to have a high school diploma or equivalent.
Recordkeeping	You may need to keep attendance, samples of work, or a portfolio.
Assessment/Evaluation	Some states require standardized testing or a certified teacher's review.
Curriculum Approval	Rare, but a few states may ask for a summary of the subjects you'll teach.



#### **Examples by State**

**State** Summary

Texas Very flexible. No notice, no testing, no approval.

Register as a private school or with a PSP. Some

documentation needed.

Florida Notice of Intent, annual evaluation or testing required.

New York Notice, quarterly reports, annual assessment required.

Georgia Submit declaration of intent, follow subject guidelines.

Important: Always refer to your state's Department of Education or a legal homeschool organization like <u>HSLDA</u> for up-to-date guidance.

#### **%** Helpful Resources

- HSLDA Home School Legal Defense Association
- Your State Department of Education
- Local homeschool co-ops and Facebook groups

### **Parents Encouragement for Parents**

Don't let the legal piece overwhelm you. Thousands of parents just like you homeschool successfully every year. You don't need to be perfect—you just need to start with love, structure, and support.

Little Heaven's Academy is here to walk with you every step of the way.



### **Homeschooling FAQs for Parents**

#### 1. Do I need a teaching background to homeschool?

No! Most states do not require parents to be certified teachers. If you can guide your child with love and consistency, you can homeschool successfully—especially with a well-structured curriculum support like ours.

#### 2. Is homeschooling legal in my state?

Yes, homeschooling is legal in all 50 U.S. states. However, each state has different requirements, such as submitting a notice of intent, maintaining records, or annual testing. Always check your state's Department of Education or HSLDA.

#### 3. How do I know what to teach?

You can use a curriculum like *Little Heaven's Academy* that provides clear lessons, standards-aligned objectives, and skill-building activities. Most states require instruction in core subjects like reading, writing, and math.

#### 4. How much time should we spend homeschooling each day?

For preschool and kindergarten, 1-2 hours per day is plenty. Learning at this age is best through play, exploration, and short, focused lessons.

#### 5. Do I have to follow the public school schedule?

No. One of the benefits of homeschooling is flexibility. You can choose a schedule that works for your family—year-round, 4-day weeks, or seasonal breaks.



#### 6. What records should I keep?

**Depending on your state:** 

- Attendance logs
- Samples of student work
- Assessments or evaluations
- A portfolio of progress Your *Little Heaven's Academy* bundles come with checklists and assessments to help with this.

#### 7. Can my child still socialize with other kids?

Absolutely! Homeschoolers often join co-ops, library programs, sports teams, church groups, or meet-ups for regular social activities. Many families say their kids socialize more intentionally and meaningfully.

#### 8. What if I feel overwhelmed or behind?

You're not alone. Homeschooling is a journey, and every family moves at its own pace. Some days will go smoothly, and others may not—and that's okay. Consistency matters more than perfection.

#### 9. Will my child be ready for 1st grade or public school later?

Yes! A structured curriculum like ours ensures your child meets or exceeds early learning standards. Keeping records and using assessments helps you show progress if you transition back to school later.

#### 10. Where can I get support or ask questions?

- Local homeschool Facebook groups
- State homeschool associations
- Curriculum support (like Little Heaven's Academy)
- HSLDA.org for legal questions



#### **Parent Usage Guide**

Curriculum Bundle
Little Heaven's Academy

#### **○** Welcome, Parents!

Thank you for choosing *Little Heaven's Academy* to support your child's early learning journey! This Curriculum was designed specifically for parents like you—busy, determined, and committed to giving your child the gift of homeschooling.

This guide will help you make the most of this bundle—no teaching degree required!

#### **What These Bundle Cover**

These curriculum packs introduce words (consonant-vowel-consonant) and focuses on building foundational skills in:

- Phonemic awareness
- Letter-sound correspondence
- Early word decoding
- Sight word fluency
- Reading confidence

#### **How to Use These Packs**

Each day follows a simple, predictable flow:

- 1. Teach
  - Use the lesson plan to introduce the daily sound (e.g., "short a" as in cat). Use real-life examples and let your child repeat the sounds.
- 2. Practice

Have your child complete printable pages—these include tracing, matching, coloring, and building CVC words. Hands-on learning is key!



### 3. Apply

Encourage your child to use the new words in conversation or identify them in books, around the house, or in story time.

#### 4. Review

Use the assessment checklist at the end of the week to see what your child has learned. Celebrate their wins—big and small!

### Suggested Materials

- Crayons or markers
- Letter tiles or magnetic letters
- Scissors and glue
- Mini whiteboard or dry erase markers (optional)
- A quiet reading space

#### **7** Tips for Success

- Keep sessions short (15-30 minutes)
- Repeat the same activity in different ways
- Play phonics games: "Find something that starts with 's'!"
- Read aloud daily and point out simple words in the environment
- Use praise and encouragement generously

#### **™** Need Support?

You're not alone. We're here to support your homeschool journey. Reach out anytime for curriculum help or additional learning tools!

- www.littleheavensacademy.org



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Thank you for respecting the work that supports homeschooling families and early learners.